# Telemedicine: Opportunities for Alabama

Alabama Department of Public Health
March 2015

#### **Telehealth**

- Use of digital technologies to connect multiple users in separate locations to deliver:
  - Medical Care, Health Education,
     Public Health Services
- Broad definition of technology enabled health care services
  - Includes telemedicine

#### Telemedicine

- Use of digital technologies to exchange medical information from one site to another:
  - To improve a patient's clinical health status
- Not a medical specialty



Real time 2-way video and audio

Store and forward

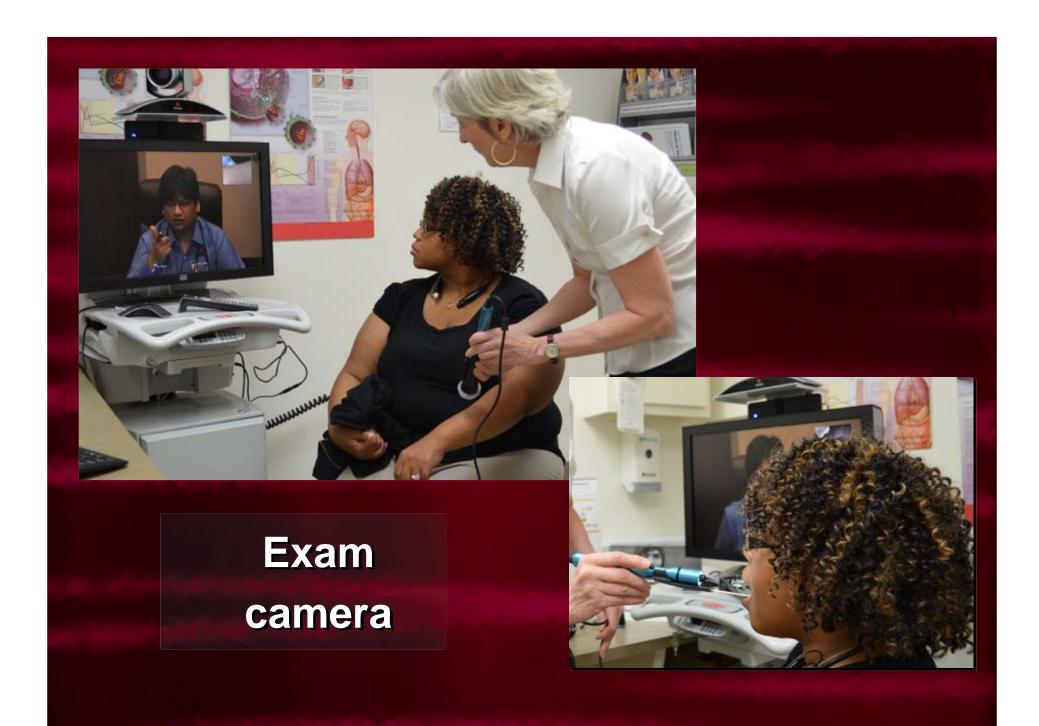
Encrypted and HIPAA compliant



#### **Clinical Application**

- Full spectrum of medical services
  - Early patient assessment
  - Diagnosis
  - Consultation
- Many peripheral exam tools





#### **Ultrasound**







- General purpose abdominal
- Vascular
- Endocavity





# ADPH Infrastructure Innovation Partnerships



#### **ADPH Infrastructure**

- County Health Departments
- Distance Learning (Satellite conferences, Webcasts, Video conferencing)
- Technical Expertise (IT)
- Bandwidth
- Administrative and Program Support

#### LAUDERDALE LMESTONE JACKSON 2 COLBERT LAWRENCE FRANKLIN MORGAN DEKALB MARSHALL CHETICKEE MARION WINSTON CULLMAN ETOWAH WILKER LAMAS CALHOUN PAYETTE THEADEGA CLAY PICKENS SHELBY RANDOLPH TUSCALOGEA COOSA TALLAPOORA CHAMBERS PERRY ELMORE AUTAUGA MONTGOMERY MUSSELL MATENCO BULLOCK LOWNDES CHOCTAW MLCCX BARBOUR BUTLER CLARKE CIENSIAN HENRY WASHINGTON CONECUH COVENCTON HOUSTON ESCAMENA CENEVA BALDWIN

## 44 of 67 counties

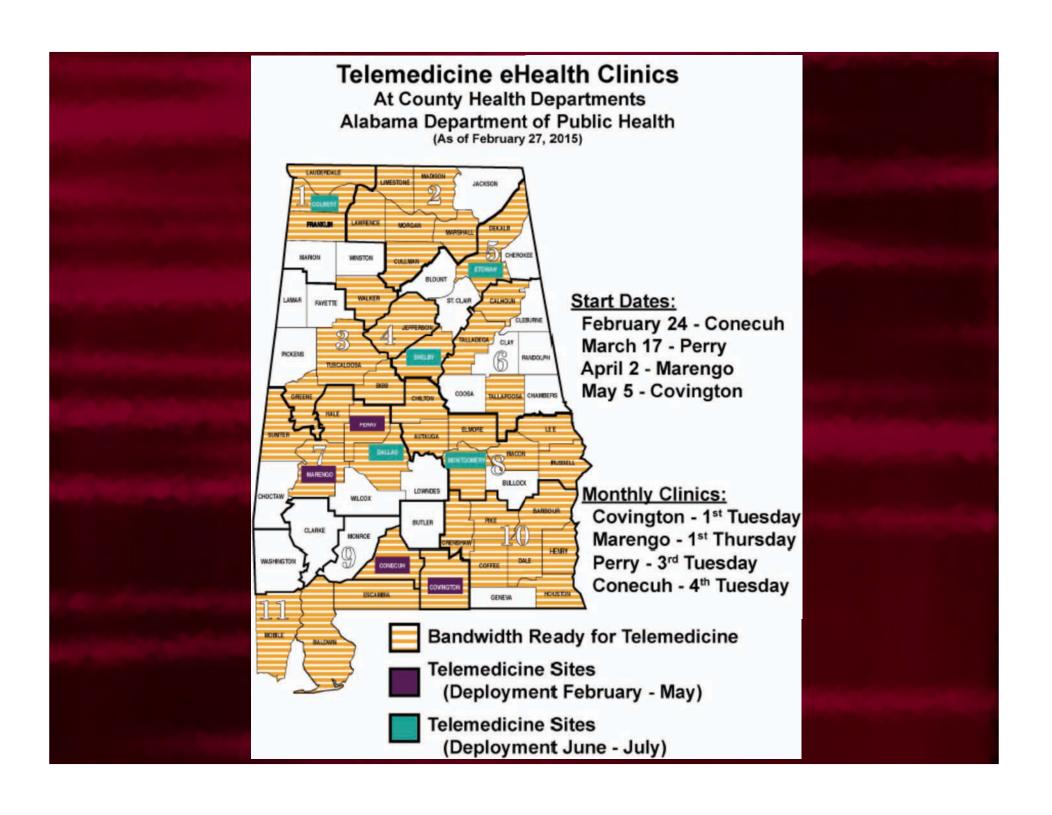
# Approx. \$11,500

- Cart
- Camera
- Codec
- Computer
- Stethoscope
- Exam Camera



### **Partnerships**

- Telemedicine transcends clinical specialties and organizations
- Connects clients with medical services
- ADPH Telemedicine Partners



# Why is Telemedicine Important?

- "Triple Aim" (Institute for Healthcare Improvement)
  - Improve patient outcomes
  - Improve access to care
  - -Reduce health care costs

# Why is Telemedicine Important to Governor Bentley?

#### Bentley says no to raising property taxes

Phillip Rawls, The Associated Press January 3, 2015

... proposals to make Alabama heathier and make health care more affordable . . . could include greater use of nurse practitioners and physician assistants and expansion of tele - medicine . . . "I really want to see good health care brought to all the people of Alabama at a reasonable cost."

# Why is Telemedicine Important to AL Medicaid?

- "To provide for the delivery of medical services to Medicaid beneficiaries on a managed care basis through Regional Care Organizations"
- Obtain independent evaluation:
  - Cost savings; Patient outcomes;
     Quality of care

# Why is Telemedicine Important to AL Medicaid?

- Adopted Incentive Measures to be linked to financial incentives
  - Diabetes care, medication management, cervical cancer screening, prenatal/postpartum care, ILBW, FU post hospitalization, well-child visits

# Why Should Telemedicine Be Important to Health Insurers?

- Reduce ER visits
- Reduce hospitalizations
- Reduce LBW babies
- Lower infant mortality
- Healthier population
- Save money



## **BIG PROBLEM**



### **BIG PROBLEM**

#### **US Telemedicine Legislation**

- 27 states have enacted legislation:
  - Parity for private coverage = 23 states
  - Medicaid coverage = 14 states

**ATA** as of 1/12/15

#### Telemedicine in Alabama

Parity InsuranceF

Medicaid

State Employee Health Plan

(LA, MS and TN have private insurance parity laws and Florida proposed legislation in 2014)

50 State Telemedicine Gaps Analysis ATA September 2014

# Alabama Medicaid Telemedicine Utilization 2010-2014

FY 2014

\$34,800

**FY 2013** 

\$18,300

FY 2012

\$ 5,900

**FY 2011** 

\$ 4,300

**FY 2010** 

\$ 3,800



### To Discuss Opportunities

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www.adph.org/alphtn (click on the Telemedicine link)

